



2027 YOUTH INDOOR TRACK AND FIELD

STARS – TOTALLY INCLUSIVE YOUTH SPORTS is a sports program created for the purpose of developing stamina, speed, agility, flexibility, and strength both physically and mentally for all who participate.



STARS would like to introduce Youth Indoor Track and Field as our first program.



STARS Youth Indoor Track and Field training sessions will be open to the first 60 who sign up. The ages will be for those between 5 and 14 years old.



The series will involve:

- Training in proper running mechanics
- speed acceleration drills natural strength exercises
- All athletes will compete in 2 running events and 2 field events, concluding with a relay event.
- The series will incorporate drills and competition among the participants.



STARS Youth Indoor Track and Field Training series will conclude with a final session that will include an awards presentation for individual rankings.

TWO OPTIONS:

OPTION #1

- Indoor training/competition
- All sessions on Sundays @ St. Paul's Gym 1588 Greenlawn Ave, Akron 44301 4:00 – 5:30 pm from January 24th until March 7th
- Invitational session on Saturday March 20th @ Canton McKinley Field House
- Cost is \$50.00 which includes the final Invitational on March 20th
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OPTION #2 FINALS ONLY

- STARS-ATC Indoor Invitational @ Canton McKinley Field House on Saturday March 20th
- Time: 9 am check in / warm up
- Competition begins at 9:30 am
- Cost is \$35

Athletes will be permitted to enter up to three events.

Events per divisions:

FIELD EVENTS: MINI JAV, SHOT PUT, LONG JUMP, STANDING LONG JUMP, HIGH JUMP

RUNNING EVENTS: 60 M, 60 M HD, 1600, 400, 800, 200

ORDER OF EVENTS:

FIELD EVENTS 9:30 – 10:30 AM

RUNNING EVENTS:

10:30 AM 1600 M RUN (ALL DIVISIONS)

10:50 AM 60 M HURDLES

11:05 AM 60 M DASH

11:30 AM 400 M DASH

12:10 PM 800 M RUN

12:30 PM 200 M DASH

AWARDS GIVEN TO TOP 8 IN EACH EVENT FOR EACH DIVISION.



**YOUTH INDOOR TRACK AND FIELD
2027 FLYER AND REGISTRATION**

WHEN: SUNDAYS: JANUARY 24th – MARCH 7th with an option to compete in the Invitational of March 20th

TIMES: 4:00 – 5:30 PM (Sunday sessions)

WHERE: St. Paul's Church, 1588 Greenlawn Ave, Akron, Oh 44301 - Sunday sessions.

**Canton McKinley Field House, Bulldog Activity Center
located at 521 Tuscarawas St W, Canton, OH 44702 on Saturday March 20th (check in & warm up @ 8:30 am)**

COSTS: OPTION 1: \$50 PER ATHLETE

OPTION 2 FINALS ONLY: \$35

Ages: 5 – 14 year old: DIVISION I (13/14); DIVISION II (11/12); DIVISION III (10/9); DIVISION IV (8/7); DIVISION V (6 AND UNDER)

For more information, please contact Dan Lancianese 330-352-5602 or at dlancian22@gmail.com

REGISTRATION ONLINE @athletic.net

FOR THE INVITATIONAL ONLY

You can pay using VENMO @atcstars. Or you can MAIL PAYMENT AND REGISTRATION TO THE FOLLOWING:

**STARS/ATC
3108 Sparrows Crest
Akron, Oh 44319**

FINANCIAL ASSISTANCE IS AVAILABLE TO ANYONE IN NEED. JUST CONTACT DAN LANCIANESE @ (330)352-5602



YOUTH INDOOR TRACK AND FIELD

NAME: _____ AGE (AS OF 3/1/2027): _____

ADDRESS: _____ CITY: _____ ZIP: _____

EMAIL ADDRESS: _____ GENDER ☐ Male ☐ Female

PHONE #: _____

Option 1 _____ Option 2 _____

ARE YOU A MEMBER OF THE COLEMAN FOUNDATION: YES NO

EMERGENCY CONTACT NAME: _____ BEST PHONE #: _____

WAIVER OF LIABILITY & PHOTO RELEASE

The undersigned participant (Parent/Guardian) understands that this release forever discharges and holds harmless, Stars and the affiliated coaches/volunteers from any liability or claim that participant may have against Stars with respect to bodily injury, personal injury, illness, death, property loss or damage that may result from participant's activities, whether caused by the negligence of Stars, directors, employees, agents, volunteers or otherwise. Participant (Parent/Guardian) also understands that there are inherent physical risks associated with activities and programs and that, Stars does not carry or maintain health, medical, or disability insurance coverage for any participant. Each participant is expected and encouraged to obtain his or her own medical or health insurance coverage. I also authorize Stars (including its directors, boards, agents, employees, and volunteers) to use my image and/or voice in any media form (including, but not limited to, cable television, videos, internet communications, and publicans). I release Stars from any and all claims and liability regarding the making or use of an audio and/or visual recording of my image and/or voice (including claims related to rights of publicity or privacy, defamation, or portrayal in a false light, whether intentional or unintentional).

ATHLETE SIGNATURE: _____ DATE _____

PARENT/GUARDIAN SIGNATURE (if athlete under 18): _____ DATE _____